



IMPROVE YOUR LIFE WITH SILVERSNEAKERS

Enroll in **KelseyCare Advantage** and you get SilverSneakers® for FREE.

Have more energy, flexibility and independence to do what you want. With SilverSneakers you will have:

- access to 15,000+ participating locations
- trained instructors
- classes for all levels and abilities
- health and nutrition tips along with exercise videos

Join today, and SilverSneakers is yours.

Call 1-866-535-8343

Monday to Friday from 8 a.m. to 8 p.m.
(TTY **1-866-302-9336**).

kelseycareadvantage.com

SilverSneakers.com | 

KelseyCare Advantage
★★★★★



SilverSneakers

88%

of participants say SilverSneakers has improved their quality of life.¹

1. 2017 SilverSneakers Annual Participant Survey

KelseyCare Advantage is offered by KS Plan Administrators, LLC, a Medicare Advantage HMO with a Medicare contract. Enrollment in KelseyCare Advantage depends on contract renewal.

ATTENTION: If you speak Spanish, language assistance services, free of charge, are available to you. Call 1-866-535-8343 (TTY: 1-866-302-9336). ATENCIÓN: se habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-866-535-8343 (TTY: 1-866-302-9336).

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